

Cantarella School of Dance

116 Fenn St.
Pittsfield, MA 01201

2023 Pittsfield, MA

Nutcracker Auditions

Sunday, September 17, 2023

Ages 4-5	10:00 AM - 11:00 AM
Ages 6 - 8	11:15 AM - 12:45 PM
Ages 9 - 11	1:00 PM - 3:00 PM
Ages 12 & Up	3:00 PM

Please arrive in dance attire. Look for a pre-registration email in August.

Audition fee for all ages and per student \$25



Cantarella School of Dance
Official School of Albany Berkshire Ballet



Madeline Cantarella Culpo, Artistic Director
September 9, 2023 - June 1, 2024



116 Fenn Street
Pittsfield, MA 01201
413-442-1307

Cantarellaschoolofdance.org
Cantarelladance@gmail.com

About the Cantarella School Of Dance

The Cantarella School of Dance is known for its outstanding, balanced dance curriculum. Director Madeline Cantarella Culpo founded the School of Dance in 1955 with the goal of providing personal attention and training for students and professional dancers.

Graduates have gone on to dance with the Albany Berkshire Ballet, Joffrey Ballet, American Ballet Theatre, Jacob's Pillow and the Pennsylvania, Ohio, Portland, and Washington Ballets.

The School teaches the Cecchetti method of ballet developed by Enrico Cecchetti, world renowned teacher of the Ballet Russes and ballet master of Diaghilev Ballet Russes, who trained such dancers as Pavlova, Fokine, and Nijinsky. Among his protégés was English ballerina Margaret Craske, who later taught at the Juilliard School and at Jacob's Pillow. From Miss Craske, Madeline Cantarella Culpo developed her technique.

Academy and Junior Company Program

The Academy and Junior company Program of the Cantarella School of Dance is a comprehensive training program for talented and serious pre-teen to teen student who desire to commit more time to the art of dance. These pre-professional classes accelerate talented students and expose them to nationally known teachers. Both the Academy and the Junior Company perform frequently in the Berkshires throughout the year. Admission is by audition.

Dance Team Program

The Cantarella Dance Competition Team (CDCT) allows dancers to advance their training with competitions and performances at various community events throughout the year. The dance team inspires individual growth and self-esteem in a supportive atmosphere for dancers. Admission is by audition.



2023 - 2024 Tuition Schedule

\$25 Annual Registration Fee Per Student

- Advanced registration is required. Classes close when they reach maximum capacity. Students must be registered before the day of first classes.
- Registrations are accepted online, by mail /email and by making an appointment.
- **Tuition is non refundable nor transferable.**
- \$30 Returned Check Fee, \$15 Late Fee.

Quarterly - Four payments due:

Sept 9th (qtr 1) Nov 4th (qtr 2) Jan 20th (qtr 3) March 23rd (qtr 4)

	Full Year	Quarterly
# of Classes Per Week	One Full Payment of	Four Equal Payments
45 Minute Classes		
1	\$480	\$120
2	\$896	\$224

1 Hour Classes		
1	\$576	\$144
2	\$1,120	\$280
3	\$1,632	\$408
4	\$2,112	\$528

1.5 Hour Classes		
1	\$768	\$192
2	\$1,504	\$376
3	\$2,160	\$540
4	\$2,880	\$720
5	\$3,600	\$900

Adult 1 hour	10 class card \$170 5 class card \$85	Adult 1 1/2 hour	10 class card \$210 5 class card \$110
Drop-in Rate	45 min - \$17	1 hour - \$20	1 1/2 hour - \$25

Dress Code

We strive to maintain a professional atmosphere for our students, therefore our dress code will be enforced at all levels and styles.

- All girls wear pink or white tights and white ballet slippers for ballet.
- Hair must be worn in a bun, no bangs.
- Members of the Academy and Jr. Company program have required leotards for repertory classes.

Pre-Ballet and Intro:	Pink Leotard with Cap/Short Sleeves (No skirts attached please)
Ballet Elementary:	Light Blue Leotard with Cap Sleeves
Ballet Int/Adv:	Black Leotard
Boys:	Black Pants/Tights, Black Shoes, White T-shirt, White Socks
Modern/Contemporary:	Leotard, Footless Tights
Jazz:	Leotard, Tights or Jazz Pants, Black Jazz Shoes
Tap:	Leotard, Tights, Tap Shoes
Hip Hop:	Comfortable clothes, sneakers
Skirts:	Allowed the first week of each month



Artistic Director

Madeline Cantarella Culpo



Director-Founder and Artistic Director of the Albany Berkshire Ballet, Mrs. Culpo is an alumna of the Juilliard School where she studied ballet with Margaret Craske, Antony Tudor and Alfredo Corvino and modern dance with Martha Graham. She is a nationally recognized teacher of dance, having taught throughout the United States, including at Jacob's

Pillow. She was featured in an issue of *Dance Magazine* in an article entitled "Great Starts" *American Teacher Series — A Tribute to Teachers Who Have Produced Outstanding Results*. In addition, Mrs. Culpo has received three choreography fellowships from the National Endowment for the Arts.



Faculty

Madeline Cantarella Culpo, Artistic Director

**Nancy Ropelewski King, Deirdre Duffin Swindlehurst,
Destiny Culpo, Jaime Stokes, Kaitlyn Houghtaling,
Meghan Meczywor, Ruslan Sprague**

Please read our distinguished faculty's extended biographies on our website,
www.cantarellaschoolofdance.org

The Curriculum

A Note to Parents: Students are placed by their instructor into the appropriate level. Please respect the placement of your student by their instructor. As each student's development is different, students and parents should expect to spend at least two years at each level.

Pre-Ballet 1 (Ages 3 & 4)

Creative movement encompassing stretching, motor coordination, music appreciation and rhythm.

**Pre-Ballet students must be 3 years old to start—No Exceptions*

Pre-Ballet 2 (Ages 5 & 6)

A continuation of Pre-Ballet 1 with an introduction to basic ballet steps.

Introduction to Ballet (Ages 6 & 7)

The basics of the ballet barre are taught with development of center and diagonal floor work. Focus on proper alignment and strength.

Elementary Ballet 1,2 (Ages 7 and up)

The basics of ballet barre and center work are taught with emphasis on proper placement and body alignment. Each level builds on material learned in the previous level with more complex musicality, rhythm, and physical movements added as the student progresses.

Intermediate through Advanced Levels (Ages 11 and up)

Emphasis on strengthening technique with new steps introduced at each level. Total body awareness becoming an integral part of development. Combination steps, speed, more advanced skills and musicality and lyricism are reinforced at these levels. **Serious dance students are encouraged to study more frequently in preparation for pointe work and men's technique.*

Pointe (Ages 10 and up with teacher approval)

All pointe students are strongly encouraged to take ballet class twice a week. Pointe work requires strength, ankle flexibility and correct alignment. Students are recommended for pointe work on an individual basis at the discretion of the director.

Mommy and Me (Ages 2 - 3, Non-performing class)

Mommy & Me is a developmental class focusing on parent/guardian and child participation. This class will help enhance their motor skills and coordination, with fun exercises, music, and props - while they learn to take a class and build friendships.

Tumble Combo (Ages 3 - 4, Performing class - One parent required to stay)

This class will give your little dancer a foundation in Ballet, Tap & Tumbling. Ballet and Tap will alternate each week; and Tumbling will always be the second half of each class. This class will help with motor skills and coordination - with fun exercises, music and props, while learning how to work together and build friendships.



School Policies and General Information

Placements: Students will be placed in classes that are appropriate for their level of physical development and maturity. Placement decisions are made by the Director and are final.

Make-up Lessons: Make-up lessons are offered for absence due to illness and must be used within one month of absence. Tuition credit is not given in place of make-up lessons. Please call the school when you are going to be absent. Snow days are factored into the tuition, however if you wish to make up a class, you may do so in the same level or with approval from your current teacher.

Private Lessons: Private lessons are available and must be arranged through the office administrator at Cantarella School of Dance (CSOD).

Closings: If the school closes due to inclement weather an email will be sent out and sometimes a post on Facebook or the website.

Notices: Notices will be posted at the studio as well as emailed to our families. Please check to make sure your email address is on file as this will be our main form of communication.

Recital and Costume Fees

The date of our annual recital is TBD. Although it is not mandatory, we encourage student participation as it is a rewarding experience and builds confidence.

Costume fees for the 2023-2024 School Year:

Child XS-S	\$60.00
Child M-L	\$65.00
Child XL	\$75.00
Adult S-M-L	\$75.00
Adult XL	\$80.00



Costume fees are due October 15th

No Returns will be given after December 19th.

Calendar

Important Dates to Remember

Classes Begin Saturday, September 9, 2023

September 9	First day of classes (Qtr. 1 due)
September 17	Nutcracker Auditions
October 9	Columbus Day (No classes)
October 15	Recital costume fees due
October 31	Halloween (No classes)
November 4	Qtr. 2 due
November 10-11	Veterans Day (No classes)
November 21-25	Thanksgiving break (No classes)
December 19-January 1, 2024	Winter break (No classes)
January 2	Classes resume
January 15	MLK Day (No classes)
January 20	Qtr. 3 due
February 19-24	Winter Break (No classes)
March 23	Qtr. 4 due
March 28-31	Easter Break (No classes)
April 15-April 19	Spring break (No classes)
May 25-27	Memorial Day Weekend (No classes)
May 31	Tentative Dress Rehearsal
June 1	Tentative Recital



Elem. Jazz

Stylized dance of center floor exercises to develop strength, flexibility including dance combinations.

Modern Dance (Ages 8 and up)

Dance form based on fundamental ballet training and focusing on the modern dance techniques of Martha Graham, Jose Limon, and Lester Horton.

Contemporary (Ages 11 and up, at least three years of ballet experience required to take this class)

This class offers the technique of ballet through an interesting and beautiful blend of sharp and soft movement. Contemporary is widely used by Ballet companies as a more modern dance style, alongside Ballet. This class is a wonderful addition for broadening a dancer's repertoire.

Lyrical (Ages 11 and up)

A combination of ballet, modern and jazz that uses music and lyrics to inspire movement. Students will refine technique and learn original choreography with the focus on emotion and artistic quality.

Hip Hop (Ages 10 and up)

Hip Hop is a high-energy class that infuses the latest styles of street dancing, popping, and locking. Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Class includes conditioning, stylization and choreography.

Tap Int/Adv.

This class builds upon the basic foundation of Tap creating rhythmic sounds, improvisation and syncopation.

Intermediate / Advanced Jazz (Ages 11 and up, three years of ballet experience required to take this class)

Jazz is one of the most popular and well-known forms of dance. This class will focus on flexibility and strength, while maintaining proper technique in an upbeat class that keeps moving!

Elementary Tap 1,2 (Ages 7 and up)

Tap technique focusing on body coordination and rhythmical foot patterns.

Elementary 2 / Intermediate Tap (Ages 9 and up)

This class will help with musicality and rhythm skills through Tap technique and with different combinations. This is a fun and energetic class that will have your feet moving!

Pre Ballet/Tap

Through creative movement, games and songs, students will be introduced to basic ballet and tap skills and terminology. If dancers choose to participate in the annual recital, a dance of one of the styles will be performed.



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