September 11, 2021 - June 3, 2022

Madeline Cantarella Culpo, Artistic Director

116 Fenn St.
Pittsfield, MA 01201
413-442-1307
Cantarellaschoolofdance.org
Cantarellaschoolofdance@gmail.com

Please arrive in dance attire. Look for a pre-registration email in August.

2021 Nutcracker Auditions
Sunday, September 19, 2021

Ages 6 - 8
10:00 AM
12:00 PM
Ages 4-5
12:45 PM
Ages 9 - 11
2:30 PM
Ages 12 & Up
Audition fee for all ages and per student $20
The Cantarella School of Dance is known for its outstanding, balanced dance curriculum. Director Madeline Cantarella Culpo founded the School of Dance in 1955 with the goal of providing personal attention and training for students and professional dancers. Graduates have gone on to dance with the Albany Berkshire Ballet, Joffrey Ballet, American Ballet Theatre, Jacob’s Pillow and the Pennsylvania, Ohio, Portland, and Washington Ballets.

The School teaches the Cecchetti method of ballet developed by Enrico Cecchetti, world renowned teacher of the Ballet Russes and ballet master of Diaghilev Ballet Russes, who trained such dancers as Pavlova, Fokine, and Nijinsky. Among his protégés was English ballerina Margaret Craske, who later taught at the Juilliard School and at Jacob’s Pillow. From Miss Craske, Madeline Cantarella Culpo developed her technique.

About the Cantarella School Of Dance

Academy and Junior Company Program

The Academy and Junior company Program of the Cantarella School of Dance is a comprehensive training program for talented and serious pre-teen to teen student who desire to commit more time to the art of dance. These pre-professional classes accelerate talented students and expose them to nationally known teachers. Both the Academy and the Junior Company perform frequently in the Capital Region and the Berkshires throughout the year. Admission is by audition only.

Dance Team Program

The Cantarella Dance Competition Team (CDCT) allows dancers to advance their training with competitions and performances at various community events throughout the year. The dance team inspires individual growth and self-esteem in a supportive atmosphere for dancers. Admission is by audition.

2021-2022 Tuition Schedule

$25 Annual Registration Fee Per Student

- Advanced registration is required. Classes close when they reach maximum capacity. Day of registration MAY NOT be available for some classes.
- Registrations are accepted online, by mail/email and by making an appointment.
- Tuition is non-refundable nor transferable. All payments must be received by due date to receive the stated discount.
- $30 Returned Check Fee, $10 Late Fee.


Open Registration at the Studio

August 23 5pm-7pm
August 24 5pm-7pm
August 25 5pm-7pm

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<th># of Classes Per Week</th>
<th>Full Year</th>
<th>Quarterly</th>
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45 Minute Classes

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1 Hour Classes

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1.5 Hour Classes

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<td>1</td>
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<td>Adult 1 1/2 hour 10 class card $210 5 class card $105</td>
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<tr>
<td>2</td>
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<td>3</td>
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<td>$10 class card $160 5 class card $80</td>
<td>Adult 1 1/2 hour 10 class card $210 5 class card $105</td>
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Drop in Rate

- 45 min—$17.00
- 1 hour—$20.00
- 1 1/2 hour $25.00
Dress Code

We strive to maintain a professional atmosphere for our students, therefore our dress code will be enforced at all levels and styles.

- All girls wear pink or white tights and white ballet slippers for ballet.
- Hair must be worn in a bun, no bangs.
- Members of the Academy and Jr. Company program have required leotards for repertory classes.

Pre-Ballet and Intro: Pink Leotard with Cap/Short Sleeves
   (No skirts attached please)
Ballet Elementary: Light Blue Leotard with Cap Sleeves
Ballet Int/Adv: Black Leotard
Boys: Black Pants/Tights, Black Shoes, White T-shirt, White Socks
Modern/Contemporary: Leotard, Footless Tights
Jazz: Leotard, Tights or Jazz Pants, Black Jazz Shoes
Tap: Leotard, Tights, Tap Shoes
Hip Hop: Comfortable clothes, sneakers
Skirts Allowed the first week of each month

Artistic Director

Madeline Cantarella Culpo

Director-Founder and Artistic Director of the Albany Berkshire Ballet, Mrs. Culpo is an alumna of the Juilliard School where she studied ballet with Margaret Craske, Antony Tudor and Alfredo Corvino and modern dance with Martha Graham. She is a nationally recognized teacher of dance, having taught throughout the United States, including at Jacob’s Pillow. She was featured in an issue of Dance Magazine in an article entitled “Great Starts” American Teacher Series - A Tribute to Teachers Who Have Produced Outstanding Results. In addition, Mrs. Culpo has received three choreography fellowships from the National Endowment for the Arts.

Faculty

Madeline Cantarella Culpo, Artistic Director

Nancy Ropelewski King,
Deidre Duffin Swindlehurst
Danielle Price, Charles Paquette, Olivia Martin,
Destiny Culpo, Olivia Moran, Katie Harding

Please read our distinguished faculty’s extended biographies on our website, www.cantarellaschoolofdance.org
The Curriculum

A Note to Parents: Students are placed by their instructor into the appropriate level. Please respect the placement of your student by their instructor. As each student’s development is different, students and parents should expect to spend at least two years at each level.

Pre-Ballet 1 (Ages 3 & 4) 
Creative movement encompassing stretching, motor coordination, music appreciation and rhythm.
*Pre-Ballet students must be 3 years old to start—No Exceptions

Pre-Ballet 2 (Ages 5 & 6) 
A continuation of Pre-Ballet 1 with an introduction to basic ballet steps.

Introduction to Ballet (Ages 6 & 7) 
The basics of the ballet barre are taught with development of center and diagonal floor work. Focus on proper alignment and strength.

Elementary Ballet (Ages 8 and up) 
The basics of ballet barre and center work are taught with emphasis on proper placement and body alignment. Each level builds on material learned in the previous level with more complex musicality, rhythm, and physical movements added as the student progresses.

Intermediate through Advanced Levels—(Ages 11 and up) 
Emphasis on strengthening technique with new steps introduced at each level. Total body awareness becoming an integral part of development. Combination steps, speed, more advanced skills and musicality and lyricism are reinforced at these levels.* Serious dance students are encouraged to study more frequently in preparation for pointe work and men’s technique.

Pointe (Ages 11 and up with teacher approval) 
All pointe students are strongly encouraged to take ballet class twice a week. Pointe work requires strength, ankle flexibility and correct alignment. Students are recommended for pointe work on an individual basis at the discretion of the director.

Musical Theatre 
Step into the role of your favorite musicals with character and jazz dance! This class explores stage and movie musicals through dance with acting basics to develop your performance.

School Policies and General Information

Placements: Students will be placed in classes that are appropriate for their level of physical development and maturity. Placement decisions are made by the Director and are final.

Make-up Lessons: Make-up lessons are offered for absence due to illness and must be used within one month of absence. Tuition credit is not given in place of make-up lessons. Please call the school when you are going to be absent. Snow days are factored into the tuition, however if you wish to make up a class, you may do so in the same level or with approval from your current teacher.

Private Lessons: Private lessons are available and must be arranged through the office administrator at CSOD.

Closings: If the school closes due to inclement weather an email will be sent out and sometimes a post on Facebook or the website.

Notices: Notices will be posted at the studio as well as emailed to our families. Please check to make sure your email address is on file as this will be our main form of communication.

Recital and Costume Fees

Our annual recital will take place tentatively on Saturday, June 5th. Although it is not mandatory, we encourage student participation as it is a rewarding experience and builds confidence.

Costume Fees for the 2021-2022 School Year:

<table>
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<tr>
<th>Size</th>
<th>Fee</th>
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<td>Child XS, S</td>
<td>$50.00</td>
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<tr>
<td>Child M, L</td>
<td>$55.00</td>
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<td>Child XL</td>
<td>$65.00</td>
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<tr>
<td>Adult S, M, L</td>
<td>$65.00</td>
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<tr>
<td>Adult XL</td>
<td>$70.00</td>
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Costume Fees are due on October 28th.

No Returns will be given after December 19th.
Calendar

Important Dates to Remember
Classes Begin Saturday September 11, 2021

- September 11
- Annual and Q1 Payment due
- October 11
- Columbus Day – No classes
- October 28
- Recital Costume payments due
- November 7
- Election Day – No classes
- November 11
- Q2 Payment due
- November 23-27
- Veterans Day – No classes
- December 21–Jan. 2
- Thanksgiving Break– No classes
- January 3, 2021
- Winter Break– No classes
- January 7
- Classes resume
- January 17
- Q3 Payment due
- February 21-26
- MLK Jr. Day – No classes
- March 4
- February Break– No classes
- April 15—23
- Q4 Payment due
- May 28—30
- Spring Break– No classes
- June 2
- Memorial Day Weekend-No classes
- June 3
- Last Day of Classes
- June 4
- Dress Rehearsal
- June 5
- Recital

Elem. Jazz/Tap: Combination class of basic Jazz and Tap technique focusing on body coordination and rhythmical foot patterns.

Modern Dance: (Ages 8 and up) Dance form based on fundamental ballet training and focusing on the modern dance techniques of Martha Graham, Jose Limon, and Lester Horton.

Conditioning for Dance: (Ages 11 and up) Conditioning class allows dancers to strengthen their bodies to complement their technical and stylistic dance training and prevent injuries. Classes may include Cardiovascular Exercises, Flexibility Exercises, Strength Exercises, Core/Abdominal Work, and Arm/Back/Leg Work.

Hip Hop: (Ages 10 and up) Hip Hop is a high-energy class that infuses the latest styles of street dancing, popping, and locking. Classes will encourage students to step outside of the box by bringing their own individual style and personality to the movements. Class includes conditioning, stylization and choreography.

Teen/Adult Barre: An exercise class inspired by dance and pilates where we use small, controlled movements, isometric holds and high repetition in order to trim, tighten and tone your entire body.

Tap Int/Adv.: This class builds upon the basic foundation of Tap creating rhythmic sounds, improvisation and syncopation.

Jazz Int./Adv: Stylized dance of center floor exercises to develop strength, flexibility including progressions and dance combinations.

Beginner Adult Ballet: Our adult/teen ballet class will include barre, stretching, center work, adagio, and allegro. The class will focus on both a physical and an intellectual understanding of how each movement should be executed. Strength, flexibility, grace, balance, poise, and musicality will be developed along with an understanding of basic principles of ballet technique.
## Cantarella School of Dance

**September 11, 2021 - June 3, 2022**

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>Lenox</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
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<tr>
<td>Ballet 2/3</td>
<td>Conditioning for Dance</td>
<td>Intermediate Ballet 4</td>
<td>Elementary Tap</td>
<td>Intermediate Pointe 4:15-5:15</td>
<td>Pre Ballet 1/2</td>
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<tr>
<td>4:15-5:15 Miss Dede</td>
<td>4:15-5:15 Miss Olivia</td>
<td>4:15-5:15 Miss Olivia Moran</td>
<td>4:15-5:15 Miss Olivia Moran</td>
<td>3:30-4:15 Miss Dede</td>
<td>4:00-4:45 Miss Destiny</td>
<td>4:00-5:30 Miss Danielle</td>
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<tr>
<td>Hip Hop 10 +</td>
<td>Elementary Modern 5:30-6:30 Miss Olivia</td>
<td>Int/Adv Ballet 5:15-6:15 Pointe</td>
<td>Intro Ballet</td>
<td>Ballet Intro</td>
<td>Adv Jazz 12+</td>
<td>Beg/Int Adult Ballet</td>
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<td>5:15-6:15 Miss Dede</td>
<td>Martin</td>
<td>4:15-5:00 Miss Paquette</td>
<td>4:45-5:30 Miss Dede</td>
<td>4:45-5:30 Miss Paquette</td>
<td>5:00-6:00 Miss Danielle</td>
<td>5:30-6:30 Miss Kate</td>
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<td>Teen/ Adult Barre</td>
<td>Jr. Dance Team 6:30-8:00</td>
<td>Advanced Modern 6:45-7:45 Miss Olivia</td>
<td>Ballet 1</td>
<td>Ballet 1</td>
<td>Adv Tap 12+</td>
<td>Jr. Co/Academy Rep</td>
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<td>6:15-7:15 Miss Olivia Martin</td>
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<td>5:30-6:30 Miss Dede</td>
<td>6:00-7:00 Miss Danielle</td>
<td>12:00-1:00 Miss Dede</td>
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